



WORLD SOCIETY OF PERSON-CENTERED MEDICINE (WSPCM)

Honorary Permanent Fellowship of the co-founder prof. Mariangela Porta

Professor Mariangela Porta holds the **Chair in Gynecology and Obstetrics of Adolescence at the Università Ambrosiana and the Scuola Medica di Milano**. She has established and led academic programs that integrate clinical excellence with relational, developmental, and ethical dimensions of care for adolescents. Through curriculum design, clinical mentorship, and institutional advocacy she has institutionalized person-centered approaches within undergraduate and postgraduate medical education in Milan and beyond.

Clinical and Educational Contributions

Professor Porta has developed clinical protocols and training programs that combine evidence-based gynecologic and obstetric practice with attention to the adolescent's psychosocial context, autonomy, and dignity. She has introduced teaching methods that emphasize shared decision making, respectful communication, and developmental sensitivity. Her mentorship of clinicians and educators has produced a generation of practitioners skilled in both technical competence and person-centered relational care.

Research, Scholarship, and Public Impact

Professor Porta's work bridges clinical practice, education, and public health. She has promoted research and quality improvement projects focused on adolescent reproductive health, patient experience, and ethical clinical practice. Her initiatives have improved access to respectful, age-appropriate care and have informed institutional policies that protect the rights and well-being of young patients.

Honors and Recognition

In **2019 Professor Porta received an international award in Person-Centered Medicine** in recognition of her pioneering contributions to person-centered gynecology and obstetrics. This distinction acknowledges both her scientific leadership and her practical impact on patient care, education, and policy.

Alignment with WSPCM Principles

Professor Porta's career exemplifies the core values of the WSPCM:

- **Centrality of the person:** clinical models and teaching practices that prioritize the adolescent's voice, context, and dignity.
- **Integration of science and humanism:** rigorous clinical standards combined with relational competence and ethical sensitivity.
- **Education and dissemination:** institutionalizing person-centered curricula and mentoring future leaders.

- **Social impact:** advancing respectful, accessible care for vulnerable populations and influencing health policy.